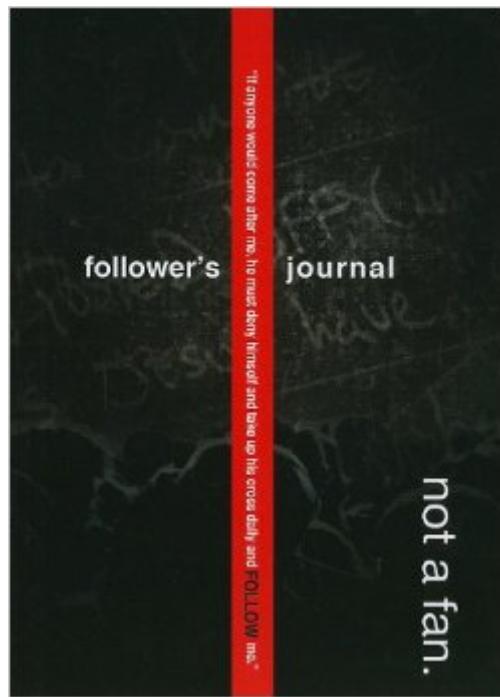


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# Not A Fan Follower's Journal



## Synopsis

If Jesus were to sit down with you right now and have a DTR (Define the Relationship) conversation, how would you respond? Are you truly his follower or just a fan---or perhaps someone who doesn't even care about the difference? Not a Fan invites you to make Jesus not merely the object of your admiration, but the very center of your life. This follower's journal is designed to accompany the coordinating not a fan DVD study (sold separately).

## Book Information

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## Customer Reviews

Seems a little dumb at first ("Place an extra chair before you. Imagine Jesus sitting in the chair. Try singing aloud, even softly, the words to a favorite worship song or hymn to Jesus, as he sits before you, taking it in.") But as I followed through on most of these situations(so far I haven't done the ones where I am suppose to look in the mirror as I say what is requested)I see the benefit. It has really helped me focus on the Lord more during each day and live a life that pleases Him. It's great.

Not a Fan is a thought provoking book every Christian should read. The Not a Fan Journal is even better. For six weeks this journal leads you through very unusual exercises to bring you closer to the follower of Jesus that we all desire to be. The journal is not a once a day review, but a review all day long, after all we are not to be followers of Christ only during our night time prayers or on Sunday. My favorite part of the journal is the "Evening Focus" where you are sent off to sleep with a thought that can literally change your life. Not a Fan but a Follower of Christ

As pastor of a small interdenominational church I'm using this journal along with the book and the DVD for small groups for a small group study. The group has found this journal very challenging in a good way. The questions and meditations are well thought-out and would benefit both folks working in small groups as well as someone desiring to work on their own.

My church started promoting the "Not A Fan" curriculum back in December. I had read a little bit about the book itself and although I agreed with the premise, I didn't know if it was for me. I gave it the benefit of the doubt and having had the opportunity to speak to and hear Kyle speak on a couple of occasions, I was really impressed with the way he relate current life to the situations he spoke of from the Bible. So I started getting excited for the small group study and the follower's journal. Needless to say, I was a little let down. I understand trying to convert fans to followers, but I feel like this journal attempts to take people back to the deepest and darkest parts of their life before becoming a Christian. I can see how it can help someone that is seeking, but I don't imagine too many seekers getting into a small group so intense. One section of the book suggests that you confess your darkest sin and then make an alter to it. The Bible I read says that my sins are removed from me as far as the east is from the west. Why then, would you want to reintroduce this past "death" that I lived (because the Bible also says that before I gave my life to Christ, I was dead in my sin). I appreciate the thought, but this would have been better served talking about the things we need to give up in life to be more dedicated to Christ and I don't think it is for people that are wholly devoted to following Jesus. There is an audience out there for this journal, but getting them to admit that they are part of that audience will be the tough part of the sell.

I have gone through this study several times with several different study groups, most recently we are undergoing it, now, leading a group of young adults who are the most enthusiastic of all with whom we've gone through. The core message of the study is to lead us from a fan of Christ to a committed follower of Christ, which is truly what Christ desires. This journal is a great way to lead one through a daily process which builds the six-week experience that is intended by this study. I could not recommend this more highly.

This is a great companion to the Not a Fan book by Kyle Idlewood. I ordered several of these for use in a small group study. Shipping was prompt and the book is fantastic. You read it and you will be able to use the teachings in it to open your eyes and help others.

Great journal to help break down what "Not a Fan" looks like for you personally. Very thought provoking and inspirational. Although, I know it is used mainly in a group setting, I have loved using it on my own.

Using this journal, in addition to reading "not a fan" by the same author, was life changing. I challenge you to really do the suggested exercises, if they seem a little out of your comfort zone or sound a little silly. Some of those exercises that seemed different to me, had the most profound effect on me. Even after finishing the journal and the study months later I'm still picking this up and revisiting the things I wrote and I highly recommend using if you want to get serious about becoming a follower instead of a fan.

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